

What is Roller Derby?

Flat track roller derby is a fast-paced contact team sport on quad roller skates, which requires speed, strategy, and athleticism. Both teams, comprised of 5 players, work to get their scorer out of the pack first. The scorers emerge and race around the track to score points by passing opponents.



Who are the Red Hots?

We are a roller derby club affiliated to USA Roller Sports (USARS) and the U.S. Olympic Committee. Our club was formed back in 2012 by experienced skaters from around Chicagoland who wanted a family and fan-friendly version of roller derby. The team is made up of women from all walks of life who support each other to be their best on and off the track.



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facebook.com/ChicagoRedHotsDerby

Who we need?

Women over the age of 14 with an ice or rollerskating background; people who are motivated to be part of a team and compete in front of a crowd; athletes who want to balance work, family and personal goals to feel a sense of satisfaction. We have open recruitment, so come join a practice anytime.



Where to go?

Our practices are Tuesdays (7:30pm) and Sundays (9:30am) at Fleetwood Roller Rink, located at 7231 West Archer Avenue in Summit, IL. Come to practice to observe or skate, talk to us and ask any questions. Your first practice is free! You can rent skates from the rink and we also have protective gear that you can borrow.

